

# Fusion Dance Centre 2023-2024

## Class Descriptions & Dress Code

### Parent & Me Workshop ages 18-36 months

For dancers ages 18-36 months with the help of a parent or guardian, this class encourages creative movement, promotes development of fine motor skills, and introduces class structure. The goal is for dancers to be moving independently by the end of the workshop! *\*Does not participate in Recital\**

#### Dress Code:

- Comfortable clothes, no jeans

#### Optional:

- Ballet Shoes

### Tiny Toes ages 2-3

Our Tiny Toes class focuses on Pre-Ballet techniques and creative movement. These tiny dancers will work on developing fine motor skills, learn basic classroom behavior skills, learn basic ballet terminology, and have tons of fun! This is the perfect introduction class for first time ballerinas!

#### Girls Dress Code:

- Any color leotard and tights, ballet skirts are optional
- #212C Lily Ballet Pink Ballet Slippers

#### Boys Dress Code:

- T-shirt and sweats or shorts
- Black ballet shoes style #212C

### Tiny Toes Workshop ages 2-3

Dancers must be 2 years old by December 1st. Our Tiny Toes Workshop is held in the Winter/Spring and follows the same curriculum as our Tiny Toes class, focusing on Pre-Ballet techniques and creative movement! *\*Does not participate in Recital\**

#### Dress Code:

- Comfortable clothes, no jeans

#### Optional:

- Ballet Shoes

### A Star Is Born 1 ages 3-4

Focuses on Pre-Ballet Techniques, pre-tumbling, & creative movement with an introduction to basic Ballet terminology. In this class, Dancers will work on fine motor skills such as balancing on one foot and moving multiple body parts at the same time.

#### Girls Dress Code:

- Any color leotard and tights, ballet skirts are optional
- #212C Lily Ballet Pink Ballet Slippers

#### Boys Dress Code:

- T-shirt and sweats or shorts
- Black ballet shoes style #212C

### Hip Tots 1 & 2 ages 3-5

Focuses on basic hip hop skills, pre-tumbling, creative movement, and self-expression. This class incorporates fine and gross motor skills, rhythms and patterns, and energetic movement.

#### Dress Code:

- Comfortable clothes, no jeans
- Pastry "Pop Tart Grid" #PA1531000

### A Star Is Born 2 ages 4-5

This class is a combination of Ballet and Tap. Dancers will learn Ballet terminology and techniques as well as introductory tap skills.

#### Girls Dress Code:

- Any color leotard and tights, ballet skirts are optional
- #212C Lily Ballet Pink Ballet Slippers
- #N625C Tyette Black Patent Tap Shoes

#### Boys Dress Code:

- T-shirt and sweats or shorts
- Black ballet shoes style #212C
- Black tap shoes style #DN3710G

### **Kinderstars ages 5-6**

This class is a combination of Ballet/ Tap and Jazz. In this class, they will focus on increasing their knowledge of Ballet and Tap techniques. They will be introduced to Jazz terminology.

#### *Girls Dress Code:*

- Any color leotard and tights, ballet skirts are optional
- #212C Lily Ballet Pink Ballet Slippers
- #N625C Tyette Black Patent Tap Shoes

#### *Boys Dress Code:*

- T-shirt and sweats or shorts
- Black ballet shoes style #212C
- Black tap shoes style #DN3710G

### **Kidz Bop/Jazz Babes ages 5-7**

This class is a combination of Jazz and Hip Hop. This class will focus on mastering the basics of Jazz and Hip Hop techniques and terminology.

#### *Girls Dress Code:*

- Any color leotard and tights, shorts or black jazz pants
- Tan Jazz Shoes #W850

#### *Boys Dress Code:*

- T-shirt and sweats or shorts
- Black Jazz Shoes #DN981

### **Kidz Bop ages 5-7**

Dancers will learn basic Hip Hop terminology and techniques. This class is high energy and will learn different styles of hip hop and breakdancing.

#### *Dress Code:*

- Comfortable clothes, no jeans
- Pastry "Pop Tart Grid" #PA1531000

### **Jazz/Acrobatics Combo ages 5-7**

Dancers in this class will learn Acrobatics fundamentals & Jazz technique.

#### *Girls Dress Code:*

- Any color leotard and footless tights, ballet skirts or shorts optional
- #H064W Hanami Pirouette

#### *Boys Dress Code:*

- Fitted T-shirt and sweats or shorts

### **Ballet/Lyrical Combo ages 6-9**

This class is a combination of Ballet techniques with lyrical elements. Dancers will learn proper ballet technique and be introduced to fluid movement and self-expression.

#### *Girls Dress Code:*

- Any color leotard and tights, ballet skirts or shorts optional
- #212C Lily Capezio Ballet in Pink

#### *Boys Dress Code:*

- Fitted T-shirt and sweats or shorts
- Black ballet shoes style #SD70

### **Tap/Jazz Funk Combo ages 6-9**

Dancers in this class will learn both Tap & Jazz technique with high-energy Hip Hop influences.

#### *Girls Dress Code:*

- Any color leotard and tights, shorts or black jazz pants
- Tan Jazz Shoes #W850

#### *Boys Dress Code:*

- Fitted T-shirt and sweats or shorts
- Black Jazz Shoes #DN981

## Ballet

Classical Technique focusing on grace, posture, alignment and terminology.

### Girls Dress Code ages 6-10:

- Any color leotard and tights, ballet skirts are optional
- #212C Lily Ballet Pink Ballet Slippers

### Girls Dress Code ages 10-18:

- Black leotard, pink tights, ballet skirts optional
- #2027 Juliet Pink Leather Ballet Slippers

### Boys Dress Code ages 6-10:

- T-shirt and sweats or shorts
- Black ballet shoes style #212C

### Boys Dress Code ages 10-18:

- Fitted T-shirt, black dance pants or shorts
- Black ballet shoes style #2027 Juliet

## Acrobatics

A combination of dance and gymnastics technique that focuses on flexibility, leaps, turns, and acrobatic movement.

### Girls Dress Code:

- Any color leotard and footless tights, shorts optional
- NO SHOES REQUIRED, bare foot.

### Boys Dress Code:

- Fitted T-shirt and sweats or shorts
- NO SHOES REQUIRED, bare foot.

## Pom Squad

This class focuses on hip hop and acrobatic fundamentals fused with cheering, stunting, and teamwork!

### Dress Code:

- Leotards with tights, biketards, or fitted shirts with shorts or leggings
- No jeans or two piece outfits
- Pastry White Cheer Sneaker PK181120

## Hip Hop

Energetic movement including styles of funk, popping, locking, breakdancing, house, wacking, tutting, and self-expression.

### Dress Code ages 3-10 and under:

- Comfortable clothes, no jeans
- Pastry "Pop Tart Grid" #PA1531000

### Dress Code ages 10-18:

- Comfortable clothes, no jeans
- Pastry "Studio Trainers"

## Recreational Tap

Percussive movement focusing on articulation of sounds, rhythmic patterns, and clarity.

### Girls Dress Code ages 6-9:

- Any color leotard & tights, shorts or capri dance pants
- #3800 Tan Mary Jane Tap Shoes

### Boys Dress Code ages 6-9

- T-shirt and sweats or shorts
- Black Tap Shoes #DN3710

### Girls Dress Code ages 10-18:

- Any color leotard and tights, shorts or capri dance pants
- Black Leather Lace Up #W1650

### Boys Dress Code ages x:

- Comfortable clothes, no jeans
- Black Leather Lace Up #W1650

## Performance, Pre-Company, and Dance Company Tap

### Girls Dress Code:

- Any color leotard and tights, shorts or capri dance pants.
- Black So Danca #TA48

### Boys Dress Code:

- Comfortable clothes, no jeans
- Black So Danca #TA48

### **Lyrical/Contemporary**

Fluid movement that combines ballet and Jazz technique with self expression and emotion, incorporating flexibility, leaps and turns.

*Girls Dress Code:*

- Any color leotard and footless tights, ballet skirts or shorts optional
- #H064W Hanami Pirouette

*Boys Dress Code:*

- Fitted T-shirt and sweats or shorts

### **Modern**

Technique based on grounded movements incorporating breath, lines, and alignment, incorporating ballet technique with fluid or abstract movement-by recommendation only.

*Girls Dress Code:*

- Any color leotard and footless tights

*Boys Dress Code:*

- Fitted T-shirt and sweats or shorts

### **Recreational Jazz**

Dynamic movement focusing on flexibility, isolations, rhythm, and leaps and turns in a high-energy setting.

*Girls Dress Code:*

- Any color leotard and tights, shorts or black jazz pants
- Tan Jazz Shoes #W850

*Boys Dress Code:*

- Fitted T-shirt and sweats or shorts
- Black Jazz Shoes #DN981

### **Performance Jazz**

- Any color leotard and tights, shorts or black jazz pants
- Tan Jazz Shoes #S0499

### **Pre-Company & Dance Company Jazz**

- Any color leotard and tights, shorts or black jazz pants
- Performance Jazz Shoes #S0499, color is determined by costume color in Fall.